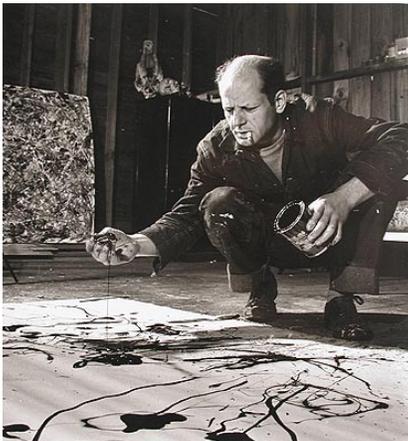


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Abstract Expressionism: Jackson Pollock (1912 – 1956)

How could I not feature Jackson Pollock in my newsletter.

Jackson Pollock's early work is characteristic of American romantic realism of the 1930. He was also attracted to Mexican muralists such as Diego Rivera. These murals were thought to be the inspiration for his later, larger paintings.



Pollock Painting in His Studio, 1949.

Pollock became the central figure of American Abstract Expressionism. His achievement was an important contribution to the rise of modern American painting and his early death in a road accident has added a legendary character to his reputation. He painted his first "drip painting" (in which the painting was allowed to fall from the brush or vessel onto a canvas laid on the floor) in 1947 and this led to "action painting". The form of his very large canvases was not pre-conceived and only emerged during the act of execution.



Here's a fun experiment for you to try: <http://www.jacksonpollock.org/>. Click on enter site, then click your left mouse button and create your own Pollock! It changes colors when you click your left mouse button and is lots of fun. A friend shared this on Facebook and I have had fun with it ever since.

Featured Artist: Inge Strack, Richmond, VA

Inge is another gem I met on the Internet; this time on Facebook via a mutual friend. Besides her wicked sense of humor, she is a great artist.



In her own words:

"My paintings consist of bold colors and a deep sense of emotion. I often paint with a limited palette, rather focusing on brushstrokes, texture and form to find a balance. I am drawn to the drama and the pain connecting us all in our humanity and strive to create beauty out of the most difficult circumstances.

I am not attempting to abstract the physical world; I am trying to get to the person behind the mask. Edvard Munch said: "Nature is not only all that is visible to the eye. It also includes the inner pictures of the soul." I draw my subject matter from inside of myself hoping to create a constant conversation between the viewer and the painting, especially since abstracts do not seem to answer but ask."



She has been featured in shows around the world.

I encourage you to visit her [web site](#) to view more of her magnificent work.

What I've Been Up to Lately:

Last month at my church we had a service focused on different creative expressions of what God means to us. My painting, titled "Awakening", done in 2003, was featured on display.



I provided tempera paints to use, and the church provided the thick paper. The kids were especially fond of this exercise.

Something for you to play around with:

[Draw a Pig Personality Test](#)

Poem of the Month:

I am left
At the end of a night
At the start of me
Following a weekend
Of transformation
To my better self
Conquest
Again and again
Over my brittle but loyal heart
Flashing of souls
Passion of past & present
Spent & flourished
With the inner stream
Consciousness
I flow
And flaunt

Insecurities and wishes
Tomorrow approaches
But I am still
Whole
And shattered into bliss
Picking up the pieces
To assemble them
Again
To give back to you
Over and over
Until my and mine
Are yours

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